

“Online Basics Course”

Computer Skills Workshop



City & Guilds

Accredited course

Do you need help using a computer?

Would you like to learn how to use the internet safely?

Do you need help using a computer keyboard and mouse?

Would you like to learn how to set up and use an email account?

If you have answered **YES** to any of these questions, then this is the workshop for you!

The overall aim of this five week course is to gain basic skills in using a computer and the internet, ensuring that you have the confidence and skills needed to start enjoying all the great things the internet has to offer. This is a five week course and session timetable will be provided at initial session. There will be the option of attending the Friday morning and/or Tuesday morning initial session.

At the end of this workshop you will be able to:

- create an email account to send and receive email
- know how to stay safe online
- explore your interests and find out what the internet can do for you
- use public services online

Who with?

When?

Where?

How do I get there?

Michalis Tiritas (Digital Inclusion Worker)

Initial sessions to join the course will be on either **Friday 19 February at 9.30am** (until 10.30) or **Tuesday 23 February at 9.30am** (until 10.30)

IT Room

Come to Advice & Assessment entrance on Medway Street (map available on request)

If you would like to book to attend this workshop please register by phoning 0207 227 1673 or emailing gateway@cardinalhumecentre.org.uk or speak directly to your lead staff contact.